



The NFL CHAT UK awards

Most Valuable Player

1. Josh Allen
2. Lamar Jackson
3. Saquon Barkley
4. Joe Burrow
5. Jared Goff

The award landed with Josh Allen, it was really close between him and Lamar, but Allen edges it. I think Allen edges it down to the fact the Bills weren't supposed to be this good after losing Diggs and Davis. Allen has made a huge jump to help guide this team to a 13-3 record (I say this as he didn't play the last game due to already being in the playoffs and the 2 seed.) When the team needed him to step up he did. He did not have a 1000 yards receiver which plays a huge part in the decision and he has kept the ball safe this year. Lamar was outstanding and it was really close. I know Lamar's stats are better in terms of yards, I just think there have been times where Lamar has been able to rely on others, whereas Allen has had to do it himself. Take nothing away from Lamar, most other seasons he is the MVP and his season was an MVP standard.

Saquon has been amazing more than him below.

Burrow could have won this award but a few early games cost him, maybe due to the injury that cost him last season.

Jared Goff has led the most exciting team in football to the top seed in the NFC so deserves a lot of credit.

Offensive Player Of The Year

1. Saquon Barkley
2. Derrick Henry
3. Ja'Marr Chase

4. Justin Jefferson
5. Bijan Robinson

Saquon Barkley is the clear winner on this one, he has been outstanding all season long. He has affected his team every week in such a positive way. He leads the league in rushing yards with a huge 2005. He added 13 rushing touchdowns with 2 receiving. This could easily have been more if it wasn't for the tush push. Overall Saquon has been one of the most influential offensive players and deserves the award.

Derrick Henry gets the second spot with a huge 1921 rushing yards. He finished with 16 rushing touchdowns which was joint first in the league.

Ja'Marr Chase led the league in receiving yards and had another monster season. He landed the receiver triple crown in receptions, yards, and touchdowns.

Justin Jefferson finished second in yards and seemed to influence games even if his stats didn't suggest it.

Bijan Robinson wraps this up, he finished third in rushing yards, completely took over the backfield in Atlanta and when called upon produced.

Defensive Player Of The Year

1. Pat Surtain
2. TJ Watt
3. Trey Hendrickson
4. Kyle Hamilton
5. Zach Baun

Pat Surtain's stats are off the chart. He has been quietly going about his business but has once again proven why he is seen as the top corner in the NFL. Although not targeted often he finished with 4 interceptions. He allowed just 309 yards this season with 0.9 yards per target.

TJ Watt landed second place and it was close between them. TJ constantly forced pressure on quarterbacks and had the most forced fumbles on the season.

Trey Hendrickson landed the most sacks this season with 17.5 which is 4 more than anyone else. Hendrickson was the only bright spark on the Bengals defence.

Safety Kyle Hamilton was outstanding all year leading the Ravens defence. He seemed to be everywhere on the field.

Wrapping up the top 5 is Zach Baun who has been a tackling machine with 93 solo tackles with 5 forced fumbles.

Offensive Rookie Of The Year

1. Jayden Daniels
2. Bo Nix
3. Brian Thomas Jr
4. Brock Bowers
5. Malik Nabers

Daniels takes the top spot, but it was far closer than it was thought to be. Daniels impressed both rushing and passing. He led the Commanders to a terrific record and a run in the playoffs.

Nix was so unlucky, and it could have easily been awarded to him, both these two were outstanding this year and to be fair both deserve the award.

The next two could easily be put each way around as well but Thomas nicks this due to the final games where I thought he was outstanding and put himself in the top receiver category, finishing third in receiving yards.

Bowers also solidified himself as one of the top receiving tight ends. Both Thomas and Bowers deserve immense credit.

Nabers is another that is close to these two. He finished 7th in receiving yards and 2nd in the rookie rankings.

I will mention Bucky Irving that was so close to making the top 5.

Defensive Rookie Of The Year

1. Quinion Mitchell
2. Jared Verse
3. Bradon Fiske
4. Calen Bullock
5. Chop Robinson

Mitchell has been one of the best rookies I've seen for a long time. He has locked up many star receivers and is likely to be trusted for many years to do this again. His stats against the top receivers is simply astonishing.

Verse and Fiske I will do together. Both hugely impressive and both have got to the quarterback often. Fiske landed 8.5 sacks whilst Verse 4.5. Both had 2 forced fumbles and both hugely influential to the Rams defence.

Bullock led the Texans in interceptions alongside Derek Stingley jr with 5. Bullock stepped up when Pitre and Ward went down with injuries.

Robinson at the end of the season was amazing to watch for the Dolphins. 6 sacks on the season but it was how he affected the pocket, constantly creating pressures and opportunities.

Coach of the Year

1. Kevin O'Connell
2. Dan Campbell
3. Dan Quinn
4. Sean Mcvay
5. Sean Payton

What O'Connell has done with the vikings this season has been amazing and I don't think this is a debate. He led his second choice quarterback to a 14-3 record. He has performed well above expectations.

Campbell is second but this is maybe less surprising, Campbell led the Lions to the NFC Top seed.

Quinn has completely transformed the Commanders and deserves so much credit for this. McVay is in the running due to the comeback from the Rams, they were able to overcome injuries and found formulas to grab key wins down the stretch. Payton is another that deserves immense credit for transforming a franchise around and another with a rookie quarterback in the playoffs.